

# Overview of School Readiness Goals 2017-2018

## Social and Emotional Health

**Goal #1: Children will begin to use simple strategies to resolve conflicts with peers.**

Engage children in conversations about problem solving strategies. Provide problem solving techniques and language for all children to help them resolve conflicts in appropriate ways. Model language and methods to resolve conflicts in appropriate ways for all children. Encourage children to recognize, understand and share the feelings of others (empathy).

**Goal #2: Children will identify their own feelings and begin to express those feelings to others.**

Provide a wide variety of opportunities for all children to label their emotions as they occur. Provide open-ended activities for all children which will allow their creativity, feelings, and ideas to be supported in their work in the classroom. Provide small group opportunities for all children to share with adults and peers information about themselves, their feelings, and their experiences.

## Language and Literacy

**Goal #1: Children will build, use, and comprehend increasingly complex and varied vocabulary.**

Provide children with the opportunity to learn new words and apply the meanings of those new words to their everyday life. Engage in conversations with children that include rich and meaningful vocabulary.

**Goal #2: Children can identify and discriminate the sounds within words, as separate from the word itself.**

Share songs and poetry with children that will increase their understanding of how syllables come together to form words. Have discussions with children about how words are formed by pointing out when certain words start or end with similar letters and/or sounds.

## Approaches to Learning

**Goal #1: Children will show interest in varied topics and activities, an eagerness to learn, creativity, and independence in their interactions with activities and**

## **materials.**

Recognize, discuss, and put to use the interests and ideas of children to support their eagerness to learn.

Encourage children to solve problems by considering multiple solutions.

### **Goal #2: Children will demonstrate persistence when working with materials, activities, and information.**

Provide a variety of open-ended activities for children to engage in that encourage them to focus on the materials for an appropriate length of time.

Support children as they seek out multiple solutions for frustrations or challenges they may encounter during play.

## **Cognition and General Knowledge**

### **Goal #1: Children will use math regularly and in everyday routines to count, compare, relate, identify patterns, and problem solve.**

Provide opportunities to explore counting, number sense, matching, measurement, problem solving, and comparing length, size, and volume through participation in activities that meet the children's interests.

### **Goal #2: Children will use observation and manipulation, ask questions, make predictions, and develop hypotheses to gain a better understanding of information and activities in their surroundings.**

Encourage the children to actively participate in activities using their senses to explore man-made and natural materials and phenomena in the world.

Design opportunities for children to share their knowledge and past experience with materials by having discussions and making predictions about the materials.

## **Physical Well-being and Motor Development**

### **Goal #1: Children will demonstrate control of large and small muscles for such purposes as balance, coordination, strength, control, and eye-hand coordination.**

Provide gross motor activities, such as walking, skipping, running, and climbing that will encourage all children to move with balance and control.

Engage children in activities that encourage movement while completing simple tasks, such as completing simple puzzles, block building, and kicking balls.

Support the development of children's eye-hand coordination through

activities such as pouring and sorting.

**Goal #2: Children will identify and practice healthy and safe habits as well as perform self-care tasks independently.**

Establish routines that support healthy and safe habits such as washing hands before eating, eating healthy foods, and brushing teeth.

Encourage children to maintain their health by completing their own self-help tasks such as blowing their own noses, using the bathroom, and washing hands with only small reminders.

Updated by cs 8/17

**Worcester Child Development Head Start Program  
Worcester Public Schools**

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